

## LEARNING EXPERIENCE BRIEF

# JA High School Heroes<sup>®</sup>

### ■ Work and Career Readiness

JA High School Heroes provides leadership development opportunities to high school students who deliver JA programs in elementary schools.

This learning experience is an optional addition for which JA Areas can receive 2–4 Instructional Contact Hours per student, awarded only for hours beyond standard volunteer training for high school students.

## SESSION HIGHLIGHTS

### 1 Session One: Effective Civic Leadership

Students explore the importance of leadership skills and the value of community involvement. They learn the importance of communication and conflict-management skills to achieve group goals.

### 2 Session Two: Presentation Skills and Classroom Management

Students learn effective presentation techniques to get an audience's attention and keep it. They gain insight into classroom dynamics to assist with managing elementary school students when in that environment.

### 3 Session Three: Critical Thinking and Problem Solving

Students advance their critical-thinking skills so they can adapt quickly to new circumstances and develop successful solutions to problems.

### 4 Session Four: Reflection

Students share their JA High School Heroes experience and learn about its relevance to their futures. They complete a self-assessment designed to reiterate lessons about leadership, presentations, and critical thinking.



## LEARNING EXPERIENCE OBJECTIVES

- Identify qualities of a leader and recognize the role of civic leadership in a community.
- Use strong presentation skills to communicate effectively.
- Recognize and use techniques that further teamwork and achieve group goals.
- Use a problem-solving technique to solve personal and professional problems.
- Apply critical-thinking skills to work-based problems.
- Recognize that decisions have consequences.
- Recognize the value of constructive feedback and the growth mind-set.
- Develop a personal action plan.